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OBYC

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May, 2018

Float Launch May 12; Help Wanted!

by Paul Cournoyer

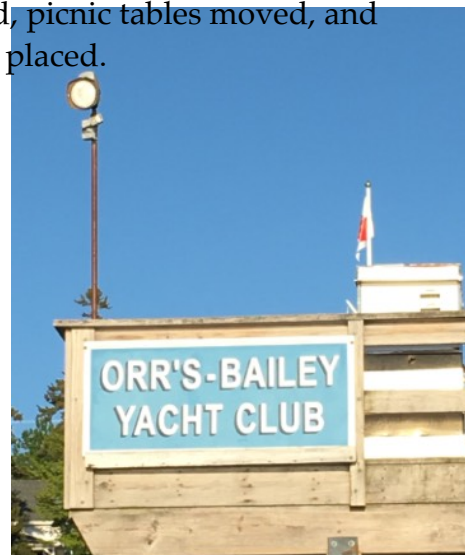
It's hard to believe that it's already May and we're talking about commissioning the club's waterfront and opening up the clubhouse.

The biggest event of the annual spring commissioning is the transfer of the floats from their winter hibernation on the lawn into the water. **Saturday May 12th starting at 7:30AM** is when this all happens and many hands are needed to make this event a success. Please come and join in on the fun and lend a hand by riding a float to its destination, being a line handler or pitching in wherever needed. Coffee and donuts for all who help! Please let Paul Cournoyer or Bruce MacLeod know that you are coming at oby anchorage@gmail.com

Your Waterfront and Anchorage and Building and Grounds Committees are

already hard at work in anticipation of another great season at OBYC. Floats are being repaired, club dinghies are being bottom painted and the water line running down the pier and onto the floats is being replaced.

In addition to float launching on the 12th, the Building and Grounds Committee will be opening up the clubhouse. Volunteers are also needed for this effort. Rocking chairs have to be moved, sunshades need to be installed, picnic tables moved, and signage placed.



Commodore's Letter

Greetings!

I was down at the clubhouse a few days ago to enjoy a warm day in a beautiful setting. I sat on a float and watched a couple of members hard at work repairing a nearby float. While they worked away, I enjoyed the view – one that I hadn't taken in for several months. The greening of the lawn was reassuring. Yes, even after the winter that stayed beyond its welcome, spring is finally here.

Soon, OBYC will come alive for what looks to be another delightful season. From boating, kayaking, sailing, social gatherings, and quiet times on the porch – time spent at OBYC is always special. Several OBYC committees, comprised of many members, have been involved in the planning, preparation and work needed to provide all of us with OBYC's truly phenomenal offerings. *Please join me in heartily thanking them for their work!* The 2018 OBYC Directory and Social Calendar will soon be distributed.

The water in the clubhouse has been turned on, so our facilities are functional. In less than two weeks, the floats will go in and boats will begin to fill our anchorage. ***Remember that much help is still needed for the Saturday, May 12 launching of the floats and clubhouse opening chores.*** Float launching and clubhouse opening day is always an enjoyable day. Please join us if you can.

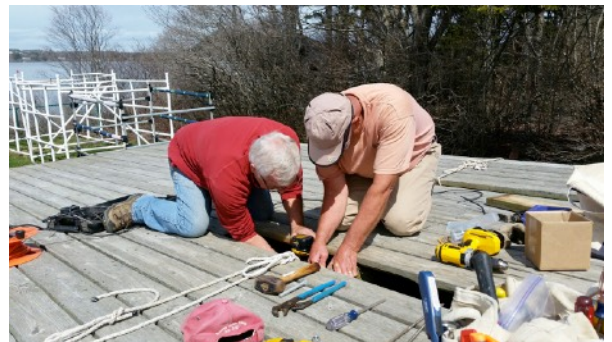
To get members' thoughts on a few matters, OBYC's Board is planning to reach out to members via a phone call to ask a few questions. This mini-survey will help the board stay true to the wishes of the majority. Each Board member will call 10 or so families. So, please help us out. And, be assured, there are no "wrong" answers!

The clubhouse and gas pump have been re-keyed. Sue Baker will have keys available at most of the club's social events and at the May 11 clubhouse opening. You can also make arrangements with Sue to get your new keys. (For a short while, the front door will still open with your old key.)

Let the 2018 season begin! I look forward to seeing you at OBYC soon.

Happy boating,

Fred Ruscsek, Commodore



New This Year – Dinghy/Kayak Permit Stickers

To improve the traceability of members' dinghies at the floats and kayaks stored on the racks, dinghy /kayak registration stickers will be sent to all members who have paid their dinghy / kayak fee for this year. Those members will receive their sticker later this month.

Dinghies that are stored in the water are to have their sticker placed on the inside of the transom on either the port or starboard side of the transom. Dinghies that are stored on top of the floats are to have their sticker placed on the outside of the transom in a visible manner. All kayaks stored on the club racks must have the sticker affixed to the right side of the kayak bow.

In addition, please remember to mark your name and phone number on your dinghy or kayak with a permanent ink marker.

Launch Operator Wanted

OBYC is once again seeking a U. S. Coast Guard-licensed, qualified Launch Operator / Dock Attendant for the 2018 season. The hours of this position are Friday-Sunday for a total of 24 hours. If any qualified club member or their dependent is interested in the position, please contact the Waterfront and Anchorage Committee at obycanchorage@gmail.com.

We also welcome non-club members to apply for this position so if you know of any interested party, please have them contact us at the above email address.



Many Social Events Planned

By Joyce Duda

The 2018 Social Committee has come up with another exciting, and full, social calendar for this season. Our biggest Saturday events include the annual **"Welcome Back! Opening Social Hour"** on June 16th, the **"Blessing of the Fleet Potluck Dinner"** on June 30th, **"Walk the Plank at OBYC! Family Day"** on July 21st, **"Annual Lobster Bake"** on Aug 4th, and the **"Annual Mtg/Summer Picnic Supper"** on Aug. 18.

This year we're adding **"Rockin' with Rockweed"** on July 14th. This will be a catered BBQ dinner by Beale Street Barbeque in Bath, followed by a rock 'n roll concert by "Rockweed"! Our fall offerings include the Sat, Sept 9th **"International Potluck"**; Fri, Oct 5th **"Chili and Chowder Fall Potluck"**; and, of course, our **"Annual Holiday Party"** on Sat, Dec. 1st.

This year we've also planned two events for children/grandchildren! First, **Mad Science of Maine** is coming on Mon, July 23 @ 4:00 pm for an hour of fantastic "hands-on" science experiments and the kids will leave with their own, freshly-made Slime! Second, **Sparks' Ark** is coming on Monday, Aug. 13 @ 4:00 pm, bringing 8 animals to display and talk about. This program captures misplaced animals for relocation or wild animals needing rehabilitation. Five of the animals they are bringing

are a chinchilla, hedgehog, sugar glider, owl and boa! This program is also open for adults, as well! Please join us!

We have an amazing **Lecture Series** on tap (see article), the **Book Group** has selected 5 novels to read and discuss, a **Day Steward Training Program** is lined up, **WednesdayBingo**, **exercise programs** every morning during the summer months (see article), a **5-day OBYC Mini-Cruise** is planned for June 24-28, and MYA plans to organize the **Summer Sailing Series** from July 21 through Sept 1. No doubt there will be planned day kayak trips in the area, and possibly bridge and Majong games at the club, too. We hope to offer "something for everyone"!

As you all know, it takes volunteers to make these good times happen. If you see a particular event that appeals to you personally, and you would like to help make it happen, please contact either Barbara McGowen or Joyce Duda with that information! We would MUCH prefer *you to contact us* rather than *us calling you*!! Thanks so much! We hope you all enjoy the many choices the Social Committee has planned for this upcoming season!

2018 Social Calendar

Items in italics are for general information only – not club functions

Members should bring their beverage of choice to ALL events.

*Members must sign up either online or at the club.

*Sign up must be completed by Wed evening for all Thursday events and Thursday for all Saturday events.

Sat	5/12	7:30 am	FLOAT LAUNCHING / OPENING OF CLUBHOUSE ***Volunteers Needed at 7:30 am!*** Hosts: Paul Cournoyer and Waterfront Committee plus Dick Stevens and Grounds & Buildings Committee **Coffee and Donuts provided** (Bad weather date is TBD!)
Sun	5/27	2-8:00 pm	<i>PRIVATE EVENT (Barker)</i>
Sat	6/9	10-6:00 pm	<i>PRIVATE EVENT (Whittemore)</i>
Sat	6/16	9:00 am	AFSS BOAT CLEANING & LAUNCHING – **Volunteers Needed!** Rain date: Sun, June 17!
Sat	6/16*	5:00 pm	WELCOME BACK! OPENING SOCIAL HOUR Bring an appetizer
Mon	6/18*	7:00 pm	DAY STEWARD PROGRAM - TRAINING CLASS For first-time Day Stewards, or if you feel you need a refresher!)
Wednesdays	6/20-8/29		WEDNESDAY BINGO – Bring a <u>wrapped</u> white elephant bingo gift (not exceeding \$5 value). Great fun for all ages! 6:00 pm Social Hour/Dinner – Bring something to grill and a dish to share (i.e. appetizer, salad, dessert) 7:00 pm Game of Bingo begins!
Thurs	6/21*	7:00 pm	BOOK GROUP #1 – <u>A Piece of the World</u> by Christina Baker Kline
Fri	6/22*	5:30 pm	PRE-CRUISE POTLUCK MEETING – For all interested Cruisers! Please bring something for the grill and a dish to share. Contact George or Nancy Kinser for additional info. 207-844-3313 or gflight3@gmail.com .



Sun-Thurs 6/24-28	OBYC MINI-CRUISE
June 24, Sun	OBYC to The Basin (New Meadows River) – Anchor
June 25, Mon	on to Boothbay – Mooring or Slip
June 26, Tues	on to Christmas Cove - Mooring or Slip
June 27, Wed	on to Five Islands – Mooring or Slip
June 28, Thurs	Return to OBYC
Mon-Wed-Fri	YOGA CLASSES by Instructor Kevin Wicks
6/25-9/21 7:30-8:30 am	Come 5-10 mins early to complete appropriate paperwork. Drop-in classes, donations accepted. Classes start promptly at 7:30 am – and bring a mat!
Tues-Thurs	WALK15 CLASSES by Instructor Heather Preston-Weeks
6/26-6/28 7:30-8:00 am	Come 5-10 mins early to complete appropriate paperwork. Drop-in classes, \$8 per class. Classes start promptly at 7:30 am.
Thurs 6/28* 7:00 pm	LECTURE SERIES #1 – “From Bailey Island to the Great Barrier Reef: Sea Stars as Sentinels of a Changing World” by Dr. Jon Allen of the Schiller Coastal Studies Center on Orr’s Island
6:30 pm	Dessert and Coffee
Sat 6/30*	BLESSING OF THE FLEET POTLUCK DINNER
5:00 pm	Social Hour
5:45 pm	Blessing of the Fleet - The Rev. Kitty Babson
6:00 pm	Potluck – Bring your favorite dish
6/30 9:30 pm	COOKS’ FIREWORKS!
Mon-Fri	ABBOT FLETCHER SAILING SCHOOL – Barker Rm
7/2-8/10 9:00 am-Noon	Beginner classes (Including July 4 class)
7/2-8/10 1:00-4:00 pm	Intermediate classes (Including July 4 class)
Tues & Thurs	GENTLE AEROBICS CLASSES – July Session
7/3-7/31* 7:30-8:15 am	by Instructor Heather Preston-Weeks Come 5-10 minutes early on 7/3 to sign up & complete appropriate paperwork. Classes start promptly at 7:30 am. \$72/Session of 9 classes, or \$10 Walk-in fee per class.
Thurs 7/5* 7:00 pm	BOOK GROUP #2 – <u>Uncle Tom’s Cabin</u> by Harriet Beecher Stowe
Sat 7/7 8-10:00 am	AFSS PANCAKE BREAKFAST & SILENT AUCTION Open to the public \$8.50 Adults; \$6 Kids 12 and Under

- Thurs 7/12* 7:00 pm **LECTURE SERIES #2 – “*Harriet Beecher Stowe: The Little Lady Who Started That Great War*”** by Cathi Belcher, Stowe House Educator for Bowdoin College
6:30 pm Dessert and Coffee/Tea
- Sat 7/14* **ROCKIN’ WITH ROCKWEED - BBQ Catered Dinner**
5:00 pm Social Hour
6:00 pm Catered BBQ Dinner by Beale Street Barbeque of Bath, Me
Cost: TBD
7:00 pm Entertainment by “Rockweed”
- Thurs 7/19* 7:00 pm **BOOK GROUP #3 – One Man’s Meat** by E. B. White
- Saturdays 7/21- 9/1 **SUMMER SAILING SERIES @ MYA**
12:00 pm Chowder Lunch at MYA – Only offered on Opening Day!
1:00 pm Skippers’ Meeting
2:00 pm Race
- Sat 7/21* **“WALK THE PLANK AT OBYC!” – A Multi-Generational Family Day**
3:00-5:00 pm Afternoon Activities and Games for all ages!
5:00 pm Awards Ceremony
Pirate attire is encouraged!
- 7/21* **“WALK THE PLANK AT OBYC!” – Family Day Dinner & Entertainment**
5:00 pm Social Hour
6:00 pm Pizza dinner provided, followed by entertainment
Pirate attire is encouraged!
- Mon 7/23* 4:00-5:00 pm **MAD SCIENCE OF MAINE - Children’s Program!**
Bring your children/grandchildren of all ages to participate in fantastic science experiments and leave with their own freshly made Slime! This is not a “drop-off” event.
Please sign up by Sunday, 7/22 at 5:00 pm!*
- Thurs 7/26* 7:00 pm **LECTURE SERIES #3 – “*Reflections of My Journey From Maine to Africa and Haiti as a US Diplomat*”** by Pamela White, Former U.S. Ambassador and Orr’s Island Resident
6:30 pm Dessert and Coffee
- Wed 8/1 10-2:00 pm **Orr’s Is Library Annual Book Sale & Fair at Lowell’s Cove**
- Tues & Thurs **GENTLE AEROBICS CLASSES – August Session**



- Tues & Thurs 8/2-8/30* 7:30-8:15 am **GENTLE AEROBICS CLASSES – August Session**
by Instructor Heather Preston-Weeks
Come 5-10 minutes early on 8/2 to sign up & complete appropriate paperwork. Classes start promptly at 7:30 .
\$72/Session of 9 classes or \$10 Walk-in fee per class.
- Thurs 8/2* 7:00 pm **BOOK GROUP #4 – Boar Island** by Nevada Barr
- Sat 8/4*
5:00 pm **ANNUAL LOBSTER BAKE**
Social Hour
6:00 pm Dinner – Cost TBD
Additional Guest Fee: \$10/guest
Music by “Dave Rowe”
- Thurs 8/9* 7:00 pm **LECTURE SERIES #4 – “*Let’s Talk Coffee!*”** by
Bob Garver, President of Wicked Joe Organic Coffee Co.
6:30 pm Dessert and Wicked Joe Coffee!
- Sat-Sun 8/11-12 **OBIFD 24th Annual Auction and Yard Sale**
- Mon 8/13* 4-5:00 pm **SPARKS’ ARK - Children’s Program**, but Adults are certainly welcome! Come see wild animals in rehab or others waiting to be relocated, including a sugar glider, chinchilla, hedgehog, owl and boa! Yikes!
Please sign up by Sunday, 8/12 @5:00 pm.*
- Thurs 8/16* 7:00 pm **BOOK GROUP #5 – The Stranger in the Woods: The Extraordinary Story of the Last True Hermit** by Michael Finkel
- Sat 8/18 **4:00 pm** **ANNUAL MEETING – **NEW TIME!****
Proxies will be sent to membership by Aug. 4th!
- *Directly following meeting!
SOCIAL HOUR & SUMMER PICNIC SUPPER
Bring a cold dish or a crock pot dish to share!
- Sat 8/25 10-10:00pm **PRIVATE EVENT (Duda Wedding)**
- Sat 9/1
1:00 pm **SUMMER SAILING SERIES @ MYA – RACE,**
2:00 pm **POTLUCK DINNER & AWARDS**
6:00 pm Skippers’ Meeting
Last Race
Potluck Dinner and Awards Ceremony

- Sat 9/8* **INTERNATIONAL POTLUCK**
 5:00 pm Social Hour
 6:00 pm Bring your favorite international dish to share!
- Fri 10/5* **CHILI AND CHOWDER FALL POTLUCK**
 5:00 pm Social Hour
 6:00 pm Bring chili, chowder, salad, bread, or dessert to share
 Please sign up by Wed, 10/3 @ 5:00 pm*
- Sat 10/6 TBA am **WATERFRONT DECOMMISSIONING / FLOAT
 REMOVAL / CLUBHOUSE CLEAN-UP**
*****Volunteers Needed!*****
 Hosts: Waterfront and Grounds & Building Committees
****Coffee and Donuts Provided****
- Sat 12/1 4-6:00 pm **ANNUAL HOLIDAY PARTY**
 Bring a hearty appetizer

Book Group

Once again the Book Group will meet every other Thursday evening @ 7:00 pm. With Mary Ellen Obreiter at the helm, members of last year's Book Group discussed and voted upon the following five novels to read and discuss this summer:

June 21 - *A Piece of the World* by Christina Baker Kline

July 5 - *Uncle Tom's Cabin* by Harriet Beecher Stowe

July 19 - *One Man's Meat* by E. B. White

August 2 - *Boar Island* by Nevada Barr

August 16 - *The Stranger in the Woods: The Extraordinary Story of the Last True Hermit* by Michael Finkel

The 2018 Social Committee:

Barbara McGowen and Joyce Duda, Co-Chairs

Ginny Cobley Marnie McFarland

Maggie Gill Bobbi Robertson

Judi Hartman Margie Ruscsek

Lynn Knight Ellen Shillinglaw

Joan Lester Joan Wells



Start your summer with some OBYC Merchandise!

When you visit OBYC, you will find OBYC Tees for men, women, and children and also OBYC hats.

For the new OBYC fleeces and microfleecees with the OBYC burgee, please contact Helen Kitchel (207-833-3335) to place your special order. The fleeces and microfleecees are available in jackets and vests and they come in MANY colors!

For OBYC burgee items from the Belted Cow, please contact Susu McIlvaine (207-833-0011) to place your special order. There is a selection of totes, flip-flops, belts, and dog collars.

Happy shopping!

Exercise Classes Offered

We are fortunate to have Instructors Kevin Wicks and Heather Preston-Weeks return to OBYC for another summer season of exercise classes! Please plan to arrive 5-10 minutes early to complete appropriate paperwork!

Kevin will offer **YOGA** classes every Mon-Wed-Fri morning, June 25 through September 21, @ 7:30-8:30 am. All classes are on a "drop-in" basis and donations are accepted. Classes start promptly at 7:30 am. Please bring a mat!

Heather is offering a new "trial" **WALK15®** aerobic class on Tues, June 26 and Thurs, June 28 @ 7:30-8:00 am. Participants may walk 1, 2, or 3 miles in a group setting, using the proven techniques of the *Walk at Home* program. With just four basic steps, participants get a heart-pumping, calorie-torching aerobic workout. This is a multi-muscle multi-directional walk. Each session begins with a warm-up to prepare the body for more intense exercise, and a cool-down to safely bring the heart rate and breathing back to normal for an overall safe workout. Fee: \$8.00 per class

During the months of July and August, Heather will offer her **GENTLE AEROBICS** classes every Tues and Thurs @ 7:30-8:15 am. This moderately-paced aerobics class combines cardio, balance, and strength to give you a full-body workout in a safe and gentle format. A chair is utilized for most of the workout and is always there to lend support whenever needed. Resistance bands and balls are used to increase strength and muscle definition, and a final cool down and stretch incorporates gentle yoga modifications using the chair. (We do not get on the floor at any time during this class.) Fee: July and Aug Sessions include 9 classes for \$72 each, or \$10 walk-in fee per class.

Thursday Lectures: From Starfish to Coffees

OBYC Member Joan Lester has put together another outstanding line-up for the **2018 Thursday Lectures Series**. Every other Thursday evening at 6:30 pm members share dessert and coffee (or tea) and meet our speaker. The presentations start at 7:00 pm.

Lecture #1, on June 28, *"From Bailey Island to the Barrier Reef: Sea Stars as Sentinels of a Changing World"*. For more than a decade, Dr. Jon Allen of Bowdoin's Schiller Coastal Studies Center on Orr's Island and his students have been exploring the coast of Maine, studying the ecology, evolution and developmental biology of its unique animals. In that time much has changed in our understanding of how changes in temperature, salinity and acidity can affect animal ecology. In this talk, Dr. Allen will focus on the echinoderm fauna found on Bailey Island (sea stars, sea urchins and sand dollars) and how lessons learned from the Gulf of Maine have led to important discoveries around the world.

Lecture #2, on July 12, *"Harriet Beecher Stowe: The Little Lady Who Started That Great War"* will be presented by Cathi Belcher, Stowe House Educator of Bowdoin College. She will examine the background, life and family of Harriet Beecher Stowe, and the personal events which led up to the writing of her most famous book, Uncle Tom's Cabin. After a brief synopsis of the book, we'll look at various African-American men and women with whom Stowe had contact, and who influenced her writing. Ms. Belcher offers monthly lectures at the Stowe House in Brunswick and serves Harriet's favorite drink, tea. We will do the same this evening!

Lecture #3, on July 26, *"Reflections of My Journey From Maine to Africa and Haiti as a US Diplomat"*. Former US Ambassador and Orr's Island resident Pamela White will cover her forty plus years as a diplomat in the United States Foreign Service, and the lessons she learned along the way. She will begin with her Peace Corps experience in a tiny village in Cameroon where she taught English and will end with her US ambassadorship to Haiti. She will give insights into her relationships with people – from villagers to Presidents (US, African and Haitian) – and some amusing anecdotes about them all!

Lecture #4, on Aug 9, *"Let's Talk Coffee!"* Founder of Wicked Joe Organic Coffee Co. and Orr's Island resident Bob Garver will be speaking on the creation of the business, interaction with worldwide coffee farmers, and current innovations of the family-owned sustainable-coffee company. Their organic certified roastery in Topsham is a state-of-the-art and energy-efficient facility. Bob works directly with farmers and cooperatives to build lasting, collaborative partnerships. Come hear all about "green" coffee! We will be serving Wicked Joe coffee before the gathering.

Erin Kenyon Named Head Instructor for 2018

OBYC Junior Associate Member Erin Kenyon will be Head Instructor at the Abbot Fletcher Sailing School for 2018. She is returning to the program after having worked as Mate on the *Schooner Alert* for several summers.

Erin, a fourth grade school-teacher in Maine, previously taught at AFSS for seven seasons; two as a beginner and intermediate instructor, and five as the head racing instructor of the Club 420 boats. Erin is US Sailing Level 3 certified.

Erin discovered her passion for teaching as a young sailing instructor at AFSS. She recently purchased a 1964 Marshall Sanderling Catboat that she keeps moored at OBYC. Erin is thrilled to contribute to the sailing program that provides an opportunity for kids to develop confidence and passion for sailing.

AFSS will hold its annual Pancake Breakfast fund-raiser July 7. The school will have a silent auction that day, and the committee is seeking donated items, including gift certificate for local businesses. If you have a donation, please contact Amber Skinner at millayclare@yahoo.com (207-833-6386) .



*New Head Instructor
Erin Kenyon*



Board of

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Ned Kitchel

Don Robertson

Bill Bulkeley

Nick Nichols

Sue Baker

Newsletter

This is the first newsletter for 2018. The newsletter appears monthly during the summer season.

Contact **Bill Bulkeley** with photographs, articles, and suggestions for your OBYC newsletter. Any pictures of dogs or cats on boats are particularly welcome.

617-320-2528, bill.bulkeley@gmail.com,
newsletter@obyc.org