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OBYC

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Happenings

August 2018

Commodore's Letter

With the upcoming annual meeting just around the corner, my two year term as Commodore is at an end. I am very grateful for the support that so many have provided me during this time.

For me, and my family, OBYC is a special place. Of course, it is a place where we can access water. And yes, the setting is unbelievably spectacular; with splendid sunsets, a protected harbor in the middle of Casco Bay, and scenic vistas in every direction. But OBYC is so much more than this because of its members and what they do to make OBYC such a wonderful place. So, I will use this final opportunity as Commodore as a thank you to our members.

OBYC is run by a bunch of volunteers. They are talented, selfless, and committed to helping OBYC. OBYC's Committee Chairs, and their teams, are professionals. We have financial experts, event planners, building and grounds managers, waterfront "marina" managers, sailing school organizers, boat repairmen, etc. The offerings provided to OBYC members are broad,

and it takes expertise and experience to plan and execute them flawlessly. To all Committee Chairs and their Committees my heartfelt thank you! The work you perform creates a high standard that the rest of us admire and hope to emulate. To the OBYC Board, thank you for your willingness to oversee all of this.

Decades ago, OBYC was formed by volunteers. Through the years, volunteers at many levels moved the organization forward to bring it to where it is now.

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Commodore

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Change and hard work was constant, and incrementally, OBYC grew from a small boating club in an aging former camp mess hall to what we have today: A wonderful clubhouse, a youth sailing program, kayaking from a dedicated kayak dock, sailing, boating, social events, etc. Enjoy them all, or take your pick. It doesn't get any better than this. As I wrote in an earlier piece, when you have the opportunity, thank an "old timer" for making the club what we enjoy today.

Lastly, I leave my role as Commodore with the same appreciation for the quality of our members that I noted years ago when I became a member. Simply, it would be hard to find one of our 250 members with whom I wouldn't enjoy a social evening watching the sunset. Again, it doesn't get better than this.

I look forward to seeing all at OBYC in the days ahead.

Sincerely,

Fred Rusczek, Commodore



Family Day Pie-Eating Contest

OBYC MERCHANDISE

Remember your OBYC Merchandise for late summer, fall, or even holiday gifts!

The in stock items are children's tees, ladies tees, and men's tees—short sleeve and long sleeve—hats, trivets, and coasters.

Special Order items need 1 to 3 weeks order time depending on the item and are not returnable.

Fleece and Microfleece: They are available in full zip, ¾ zip, and vests in many colors.

Belted Cow items with the OBYC burgee: Items are belts, flip-flops, dog collars, dog leashes, and various size totes.

Family Day Festivities



Coffee Connecting

Bob Garver, founder of Wicked Joe Organic Coffee Co., which is based in Topsham, told a crowd of about 30 members and guests about his journey to roasting gourmet coffee beans with maximum sustainability.

The journey has taken Garver, who, is from New York state, to remote coffee plantations in Sumatra, Indonesia, the mountains of Honduras and the hills of Rwanda. He said he decided to learn about coffee after getting out of the service in 1992, because he didn't want to become a craft brewer and have to tell his grandmother he ran a bar.

He and his wife Carmen learned the art from coffee experts in Santa Cruz, Calif., and then decided they wanted to live and work in Maine. Garver, whose father was a cartographer for National Geographic, said he also loved the idea of traveling to see the farms where his beans originated and meeting the farmers and women's cooperatives who rely on selling their beans to make a living. He says Wicked Joe "pays more because it's organic, fair-trade coffee."

Garver said that coffee is the world's second most traded commodity, after oil, and it has been cultivated and shipped out of Yemen for thousands of years. It became popular in America after the Boston Tea Party, he said. "Today is a very exciting time to be in coffee. The focus on quality has never been greater," he said.

Wicked Joe is sold in some 3,000 grocery stores in the U.S., including the Bailey Island General store. It roasted 1.5 million lbs. of coffee last year in its 37,000 square foot facility in Topsham. The Garvers also own Bard Coffee Shop in Portland.

Garver's advice for coffee drinkers is to buy a week's supply of whole beans and store them in a dry, dark place in an air-tight container — not in the freezer. He recommends (and sells) burr grinders and Kalita coffee drippers.



Bob Garver
Wicked Joe Coffee

2018 Social Calendar

Items in italics are for general information only – not club functions

Members should bring their beverage of choice to ALL events.

*Members must sign up either online or at the club.

*Sign up must be completed by Wed evening for all Thursday events and Thursday for all Saturday events.

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|--------------|--------------|---|
| Mon-Wed-Fri | | YOGA CLASSES by Instructor Kevin Wicks |
| 6/25-9/21 | 7:30-8:30 am | <i>Come 5-10 mins early</i> to complete appropriate paperwork. Drop-in classes, donations accepted. Classes start promptly at 7:30 am – and bring a mat! |
| Tues & Thurs | | GENTLE AEROBICS CLASSES – August Session |
| 8/2-8/23* | 7:30-8:15 am | by Instructor Heather Preston-Weeks
<i>Come 5-10 minutes early</i> to sign up & complete appropriate paperwork. Classes start promptly at 7:30 . \$10 Walk-in fee per class.
Note: classes end one week earlier than previously scheduled. |
| Sat | 8/18 | 4:00 pm ANNUAL MEETING – **NEW TIME!**
Proxies will be sent to membership by Aug. 4th! |
| | | *Directly following meeting! |
| | | SOCIAL HOUR & SUMMER PICNIC SUPPER
Bring a cold dish or a crock pot dish to share! |
| Sat | 8/25 | 10-10:00pm PRIVATE EVENT (Duda Wedding) |
| Sat | 9/1 | SUMMER SAILING SERIES @ MYA – RACE, POTLUCK DINNER & AWARDS |
| | 1:00 pm | Skippers' Meeting |
| | 2:00 pm | Last Race |
| | 6:00 pm | Potluck Dinner and Awards Ceremony |
| Sat | 9/8* | INTERNATIONAL POTLUCK |
| | 5:00 pm | Social Hour |
| | 6:00 pm | Bring your favorite international dish to share! |



- Fri 10/5*
5:00 pm
6:00 pm
share
- CHILI AND CHOWDER FALL POTLUCK**
Social Hour
Bring chili, chowder, salad, bread, or dessert to
- Please sign up by Wed, 10/3 @ 5:00 pm*
- Sat 10/6 TBA am
FLOAT
- WATERFRONT DECOMMISSIONING /
REMOVAL / CLUBHOUSE CLEAN-UP**
****Volunteers Needed!****
Hosts: Waterfront and Grounds & Building
Committees
- **Coffee and Donuts Provided**
- Sat 12/1 4-6:00 pm
- ANNUAL HOLIDAY PARTY**
Bring a hearty appetizer



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Richard Siegel

Ned Kitchel

Don Robertson

Bill Bulkeley

Nick Nichols

Sue Baker

Board Members:

Jim Whalen

Newsletter

This is the fourth newsletter for 2018. The newsletter appears monthly during the summer season.

Contact **Bill Bulkeley** with photographs, articles, and suggestions for your OBYC newsletter. Any pictures of dogs or cats on boats are particularly welcome.

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